

Year	Autumn		Spring		Summer	
	HT1 Topic/Unit	HT2 Topic/Unit	HT3 Topic/ Unit	HT4 Topic/Unit	HT5 Topic/Unit	HT6 Topic/Unit
	Living in the Wider World	Relationships	Health & Wellbeing	Living in the Wider World	Health & Well-being	Relationships
7	<u>Managing Change</u> <ul style="list-style-type: none"> What is PSHE? Transition points Getting to know people What is a community? Sleep and relaxation Careers and the future Financial education 	<u>Friends, Respect & Relationships</u> <ul style="list-style-type: none"> What makes a good friend? Friends and online relationships Pressure and influences Respect and relationships Consent and boundaries What does it mean to be a man today? Being positive 	<u>Puberty & Body Development</u> <ul style="list-style-type: none"> Personal hygiene Dental hygiene Growing up and FGM Puberty Assertiveness, consent and hormones Self-esteem 	<u>Politics & Parliament</u> <ul style="list-style-type: none"> Why are politics important? How is our country run? The role of the Prime Minister The Monarchy Politics, debates and parliament Elections and campaigns Political parties 	<u>Staying Safe Online and Offline</u> <ul style="list-style-type: none"> Energy drinks and caffeine Nicotine and smoking E-cigs and vaping Alcohol Avoiding gangs and criminal behaviour Knife crime Staying safe online Online gaming, grooming and addiction 	<u>Celebrating Differences</u> <ul style="list-style-type: none"> Identity Being kind Stereotypes Learning disabilities Prejudice and discrimination Multicultural Britain Challenging Islamophobia
8	<u>Proud to be Me!</u> <ul style="list-style-type: none"> Proud to be me Self-esteem and media Happiness What makes me angry Careers and aspirations Exploring careers Employability and enterprise 	<u>Identity, Relationships & Sex Education</u> <ul style="list-style-type: none"> Relationships Healthy relationships Dealing with conflict What is love? Being yourself and self-love Periods and menstrual cycles Contraception Sexual orientation 	<u>Physical Health & Mental Wellbeing</u> <ul style="list-style-type: none"> Health and well being Healthy eating and cholesterol Stress management What is mental health? Positive body image Types of bullying Child abuse 	<u>Law, Crime and Society</u> <ul style="list-style-type: none"> Desert Island living Building community spirit Decision making and constitution Criminals, law and society Law making in the UK Prisons, reform and punishment 	<u>Dangerous Society Online and Offline</u> <ul style="list-style-type: none"> Cyber bullying Alcohol Substance misuse Grooming Child exploitation County lines 	<u>Equality & Diversity Explored</u> <ul style="list-style-type: none"> Equality Act Rights across the world LGBTQAI+ Gender equality Ableism and disability Racism Removing barriers and equality for all
9	<u>Essential Life Skills</u> <ul style="list-style-type: none"> Resilience: failure to success Assertiveness Social media and online stress First Aid Saving and managing money Finance and budgets The labour market 	<u>Sex, The Law and Consent</u> <ul style="list-style-type: none"> Relationships and partners Domestic abuse and violence FGM and the law Sexual consent Why do people have sex? Delaying sexual activity What are STI's? 	<u>Body Confidence</u> <ul style="list-style-type: none"> Bullying Self-esteem Media and airbrushing Dealing with grief and loss What is a penis? What is a vulva? Cancer prevention 	<u>Contraception & STI's</u> <ul style="list-style-type: none"> Sexual harassment and stalking Contraception Treating STIs HIV and AIDS HIV discrimination and prejudice 	<u>Legal & Illegal Drugs</u> <ul style="list-style-type: none"> Types of addiction What is a drug? Drug classifications Cannabis Party drugs Exploring illegal drugs Substance abuse 	<u>Combatting Extremism & Terrorism</u> <ul style="list-style-type: none"> Conspiracy theories War and conflict What is terrorism? Counter terrorism Extremism Radicalisation Anti-Semitism in the UK
10	<u>Rights & Responsibilities</u> <ul style="list-style-type: none"> Rights Responsibilities Consumer Rights Employment Rights Exploring a pay check 	<u>Exploring Relationships & Sex Education</u> <ul style="list-style-type: none"> Unhealthy Relationships & Sexual Violence Sexualisation of the media 	<u>Mental Health & Wellbeing</u> <ul style="list-style-type: none"> Child Sexual Abuse (CSE) Screen Time Common Types of Mental Health Self Harm 	<u>Exploring World Issues</u> <ul style="list-style-type: none"> International Organisations Peace, War and Conflict Human Rights During War Aid and Supporting Countries 	<u>Violence, Crime & Seeking Safety</u> <ul style="list-style-type: none"> Honour Based Violence Forces Marriages and Breast Ironing Modern day Slavery Online Gambling 	<u>Exploring British Values</u> <ul style="list-style-type: none"> Critical Thinking and Fake News Hate Crime in the UK Exploring British Values British Values and Identity

	<ul style="list-style-type: none"> Instagram and Tik Tok Generation Targeted Advertising What is Marriage 	<ul style="list-style-type: none"> Sexting Nudes and Dick Pictures Online Pornography (Myths vs Reality) Porn and its impact on Society Pleasure and delaying sex Campaigning against FGM 	<ul style="list-style-type: none"> Suicidal Thoughts and Feelings Promoting Emotional Wellbeing 	<ul style="list-style-type: none"> Striking & Trade Unionism Women's Rights and Equality Fair Trade and Free Trade 	<ul style="list-style-type: none"> Social Media Validation Keeping your Data Safe Causes of knife crime 	<ul style="list-style-type: none"> Mutual Respect and Tolerance Individual Liberty What are Human Rights? Democracy explored
11	<p><u>Your Future & Beyond</u></p> <ul style="list-style-type: none"> Post 16 Options Exam Stress and Anxiety Screen Addiction and Studying Social Media Vs Real Life Writing a CV Writing a Personal Statement 	<p><u>Sexual Health</u></p> <ul style="list-style-type: none"> Peer on peer bullying Alcohol, Parties & bad choices Respect, Love & Relationships Importance of sexual health Revisiting Contraception Revisiting STI's Fertility and what impacts it 	<p><u>Preparing for Mocks</u></p> <ul style="list-style-type: none"> Revision Techniques Managing Stress Managing Wellbeing Applications for Post 16 	<p><u>Adult Health</u></p> <ul style="list-style-type: none"> Organ and Blood Transfusion Testicular and Prostate Cancer Cervical, Breast and Ovarian Cancer Love and Abuse Teenage Pregnancy Choices Abortion (Morals, Laws and Ethics) Parenthood for teenagers 	<p><u>Staying Safe</u></p> <ul style="list-style-type: none"> Virtual Reality and Live Streaming Online Reputation and Digital Footprints Group Chats and Anti Bullying Cosmetic and Aesthetic Procedures New Psychoactive Substances Festivals and Nitrous Oxide Substance Addiction 	